

WHAT IS MENTORING? ²

- Mentoring is . . . a time to help young people develop their potential and shape their lives.
- Mentoring is . . . a time to help young people gain the skills and confidence to be responsible for their own future.
- Mentoring is . . . a one-to-one trusting, caring relationship based on purposeful interactions that exist between an adult and a youth.
- Mentoring is . . . *"a structured program designed to foster relationships between a young person and someone more senior in age and experience who can offer support, guidance, and concrete experience to help the young person start a new undertaking, succeed in an important task, or otherwise realize their potential as they move toward adulthood."* (Connections: Linking Youth With Caring Adults – Urban Strategies Council, 9/89)

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